

PANDIT SUNDARLAL SHARMA (OPEN) UNIVERSITY CHHATTISGARH

ORDINANCE No. 09

DIPLOMA IN YOGIC SCIENCE (DYS)

(Under Section 27 (1) of the Chhattisgarh Act No. 26/2004)

This Diploma in Yogic Science (DYS) shall be instituted in the Pt. Sundarlal Sharma (Open) University under the Department of Indian Philosophy, Jyotish and Yogic Science.

1 Objectives:

The Course aims at

- (i) Promoting positive health, prevention of stress related health problems and rehabilitation through Yoga.
- (ii) Integral approach of Yoga Therapy to common ailments.
- (iii) Imparting skills in them to introduce Yoga for health to general public and Yoga for total personality development of students in Colleges and Universities.
- (iv) Invoke scientific attitude and team spirit to channelise their energies in to creative and constructive endeavours.
- (v) To enable them to establish Yoga centers in the service of common man.

2. Scope:

Beneficiaries of these course would be students, teachers, professionals from modern streams like doctors, philosopher's, beutician's sportsmen etc.

3. Duration :

This course shall be of one academic year's duration (as per calendar of the university).

4. Credit System :

The University follows the 'Credit System' for its programmes. Each credit is of 30 hours of study comprising all learning activities. Thus, a Six credit course involves 180 study hours. This helps the student to understand the academic effort one has to put into successfully complete a course. Completion of the Programme requires successful completion of both assignments and the Term- end Examination of each course in the programme.

5. Mode of Instructional System :

The University follows a multi-channel approach for instruction. It comprises a suitable mix of : self face-to-face counselling at Study Centres by academic counsellors, assignments and practical.

6. Contact Class :

There shall be two contact programmes, each of seven days duration at appropriate place at selected centres, as the case may be. The attendance of 75% in each programme is compulsory. Prior information for the Contact Programmes will be given to the students, facilitating them to attend the programmes. The venue decided for contact programmes by the university shall be notified to the students well in advance. The attendance certificate shall be issued to the students on the last day of contact programme. He will be required to attach attendance certificate along with the examination form.

7. Counselling Session :

The university provide the facility at selected Study Centres (where the programme run) Normally, these sessions will be held at the Study Centres during week- ends or as decided by the university. (Sundays).

During this session Counsellors will not be delivering lectures as in conventional teaching. They will try to help student to overcome difficulties of the student during the study of PGDYS. In these sessions, student must try to resolve subject-based difficulties and any other related problems. Students before go to attend the counseling sessions, they go through course materials and make a plan of the points to be discussed. Unless student gone through the Units, there may not be much to discuss. The detailed schedule of the counseling sessions will be made known to student by the Asst. Coordinator of Study Centre.

8. Medium of Instruction:

The medium of instruction is Hindi. (The course material is in Hindi. However student may opt to write the answer in Hindi/ English in Continuous evaluation examination/ Term End examination.)

9. Maximum Period of Programme:

The student must pass the examination of PGDYS within two years of his/her admission academic session to the course. A student failing in either or both of the continuous evaluation/ term end examination/ practical papers may re-appear as a " Back- Log" student in the part concerned or in the whole as the case may be at a subsequent examination without being required to undergo regular course of studies again. Subject to his/her complying with the provisions of the ordinance and regulations. In this case pass mark in the papers shall carry forward. If student fails to clear the course within the above prescribed period he/she must take the re-registration in the course.

10. Scheme of Examination :

The scope of studies in different papers shall be such as is prescribed in the prospectus by the Board of Studies and Academic Council from time to time.

11. Pass Percentage and Division :

Division shall be awarded to the successful candidates on the aggregate marks obtained by him in accordance with the following scale, viz.

First Division	:	60% and above
Second Division	:	48% but less than 60%
Third Division	:	40% but less than 48%
Fail	:	less than 40%

12. Change of Address :

Lessons and all communications will be sent to the students to the address given in the application FORM. Any change in the address should be intimated to the University immediately with the enrolment number. The students are advised to make arrangement in the post office for getting the lessons and other letters redirected to their new address since the University will take at least a month to incorporate new address.

13. Enrolment :

Enrolment number will be assigned to candidates on admission In all communications this number should be stated.

14. Mode of Payment :

Fees will be paid through Bank Draft in the name of Registrar Pt. Sundarlal Sharma (Open) University. All fees shall be deposited as per Date schedule declared by the Registrar, Pt. Sundarlal Sharma (Open) University Chhattisgarh, Bilaspur.

15. Contact Programme and Practicals:

Contact programme may be conducted at appropriate places or in Bilaspur(H.Q.) as the case may be. Prior information will be given to students facilitating them to attend the programmes. The venue/venues

decided for contact programme/pogrammes by the Registrar, Pt. Sundarlal Sharma (Open) University shall be notified to students well in advance.

16. Correspondence :

All correspondence pertaining to the courses must be addressed to the Registrar, Pt. Sundarlal Sharma (Open) University Bilaspur (C.G.).

17. Disputes :

The University may add or remove any clause mentioned above with the approval of the Academic Council as per need.

(Approved by the Executive Council held on 11th March, 2007)